

Response:

Best Practices (1)

1. Title of the practice: SELF DEFENCE PROGRAM FOR GIRL STUDENTS:

2. OBJECTIVE OF THE PRACTICE: The goals of this practice are:

1. To teach self-defence skill to the girl students.
2. To create confidence among girl students.

3. THE CONTEXT: About half of the total population is women in the country. Women are still considered and treated as inferior to men in walks of life in society. The low status of women is evident from the fact that rarely any parents prefer to have girls' students'. Present statistics reveals the growing crime rate against women in society. The changes in personal lifestyle and living standard contribute to violent attitude and tendencies towards women and witness an increase in crime against women in the society. There are different provisions to safeguards to the women in our society. Despite all these, the women in our country continue to suffer in different parts of the country. Therefore, self-defence is relevant for girls in the society.

4. THE PRACTICE: The present statistics reveals the growing crime rate against women in society. The changes in personal lifestyle and living standard contribute to violent attitude and tendencies towards women and witness an increase in crime against women in the society. There are different provisions to safeguards to the women in our society. Despite all these, the women in our country continue to suffer in different parts of the country. Therefore, self-defence is relevant for girls in the society. Women cell in the college have taken the different initiative to safeguard the girl students inside and outside the college. A self-defence programme was organized in the college for the greater interest of the girl students.

Evidence of success: The programme is very relevant for the girl students. Self Defence for Girls – one of the skilled based programme was organized by Women Cell of Nazira College on 26-3-2016. The primary objective of the programme is to provide a suitable academic environment for the girl students of the college. Considering the importance, total 150 girl students have participated in the programme. About 10 teachers and 50 girl students were attended in the programme. In the college campus, the girls' student is fully secured. Sometimes, the security problems are raised in the outside the campus of the college. The resource persons of the programme learned the students in different techniques of self-defence. They pointed out the meeting that the questions of self-defence are not only relevant for girls, but it is also essential for boy students. The students were satisfied to participate in the Self Defence programme. Another programme for self-defence for girls was scheduled on 22-2-2017 in the college. The number of students was increased in the programme. All total 190 girls student participated in the programme. The students requested the convenor to organize again in such a programme in the college. Problem encountered and resource required: The primary problem encountered is that there is a lack of resource persons in the near areas of the college. There are lacks of the awareness programme in this regard of the society. Most of the students come to the college

from rural and remote areas. They think that in such a programme is necessary for the urban areas students. Because most of the crimes are taken place in urban areas. In spite of this, in such a programme is essential and creates more confidence among girls student for the day to day life.

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Best Practices (2)

1. Title of the practice:

NSS SPECIAL CAMP: NOT ME BUT YOU.

2. OBJECTIVE OF THE PRACTICE:

- i) To provide the opportunity to the students to participate in community works.
- ii) To address the different issues of nearby community and to find out solutions.

3. THE CONTEXT:

Community participation and extension activity is necessary for inclusive development. To uplift the nearby rural community and as a part of institute social responsibility, the college has included Community participation and extension activities in its Perspective Plan. The college is performing several extension works in different fields by engaging students and faculty members. As an active committee/unit/body of the college, NSS is organising a one-week special camp every year in the local community. The aim of the NSS special camp is to educate and aware the people and empower them. With this motto, the NSS UNIT of Nazira College comprising of about 76 students has organized a special camp from 16th to 22nd February, 2018 in **Hen Ali village** near Bauli Maidam of Nazira Subdivision, Sivasagar district, Assam. The camp has been conducted under the supervision of college management and NSS Program Officer Mr. Jyoti Ranjan Mili, Assistant Professor, Department of Assamese, Nazira College. The NSS team members divided among themselves in different groups and conducted a 7 days special camp in the Hen Ali village, Nazira.

4. THE PRACTICE:

DAY -1, 2&3:

Date:-16, 17 & 18th Feb., 2018

Door to door Survey and Awareness:

Door to door survey in Hen Ali village 1st, 2nd & 3rd day, all the NSS volunteers assembled in the college and started journey to special camp by 10:00 A.M and reached village by 10:30 A.M. Special camp started with a Survey in Hen Ali village through door to door visit with a group of

5 members covering many houses. A survey regarding drinking water problems and open defecation in Hen Ali village was done to find and understand the basic problems and needs of the villagers. There was a good interaction with the villagers by all the volunteers. During Survey, NSS volunteers got very useful information regarding health issues, Education, Sanitation etc. At the end of the 3days survey, the team gathered and discussed about the day's activity and the results of the survey.

DAY -4

Date:-19th Feb., 2018

Visit to Government primary school:

Visit to Government primary school in Hen Ali On the fourth day of the camp, NSS students visited Hen Ali Government primary school. NSS students motivated the children by involving in their classes and tried to explain the importance of education. Encouraged the school students to participate in the cultural activities and sports. Some inspirational stories were narrated to the students. The students participated with great interest and involved in all the activities like drawing, recitation competition etc. with enthusiasm. Few inspirational and academic books are distributed as a prize.

Conducted drawing competition and motivated to students.

DAY -5, Date:-20th Feb., 2018

Organized a one day workshop on Cutting-Netting:

On the fifth day, NSS Volunteers organized a one day workshop on cutting-netting among the women self-help group of the village. There are 18 nos. of women has joined this workshop. This workshop joined as a resource person Mr. Pranjal Pratim Dutta, Assistant Professor, Department of Fashion Designing Department, Nazira College and Associated with him in his Department students. We provide a certificate for participate the workshop among the women's. This program was conducted in Hen Ali L.P. School.

DAY -6&7 Date:-21st & 22nd Feb., 2018

CLEANLINESS & PLANTATION DRIVE:

On the sixth & seventh day, the volunteers are organized a cleanliness programe at Hen Ali LP School, Hen Ali Community Hall (Namghar) etc. they also done a Plantation drive. This programme was held with aim to promote cleanliness and greenary. Volunteers collected about 100 saplings and formed groups of 4-5 and were advised to plant two saplings in Hen Ali village. All the volunteers took active participation in planting the saplings.

Outcomes of Special Camp:

Hen Ali is a village in Sivasagar District. It has 73 houses with nearly 300 people. The observations we have made during camp are The volunteers had a very good opportunity and experience.

- Fewer Students at Hen Ali L.P. School.
- Child marriages rate are less.
- Literacy rate was almost 95%.
- Minimum 40% peoples are use Kaccha Latrin.
- During learning process in what way they made people aware of many issues like drinking water, open defecation, education, diseases etc.
- Maximum peoples of the village are farmer.

Acknowledgements:

We would like to thank NSS programme officer Mr. Jyoti Ranjan Mili for giving us permission and guiding us for the successful completion of the camp. We thank our Principal Dr. Raju Phukan and the college management for their kind support and guidance for the smooth conduction of the camp .We also thank them for giving this great opportunity of lending hand to the poor and serving the needy society in various ways. We also thank Transport manager and Villagers for their support.

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